Science and the Child

Steve Talbott

Why do leaves turn red? Where does the sun go at night? What made Whiskers die? Will Mommy die sometime, and, Daddy, will you die, too?

Children are notorious for posing naïve and perplexing questions. When one of our sons was four years old, he asked, "Why did God make poisonous snakes?" I do not recall our answer, but very much doubt whether it was helpful. And who among us can do justice to the most perplexing question of all—the one incarnated in every newborn child: "Who are you, and for what purpose have you entered our lives?"

Author's note: This is a revised version of an article that appeared in the Winter 2004 issue of The New Atlantis. I had been invited to write a response to a report of the President's Council on Bioethics, "Beyond Therapy: Biotechnology and the Pursuit of Happiness"—and specifically to the chapter entitled "Better Children." The chapter deals with attempts to improve children through genetic engineering and through the use of drugs to control behavior. You will find the report at www.bioethics.gov.

The child's large and difficult questions arise, not from complex theoretical constructions, but from simplicity—"childish simplicity" we are tempted to say, with a slightly patronizing smile. We need, after all, to defend serious discourse against fruitless inquiries about God and the moral significance of poisonous snakes. This is why our more child-like questions have, over the past few hundred years, disappeared from science. They are anachronisms, echoing hollowly off the instrument panels and surgically precise tools of the laboratory. Their implications would be only an embarrassing distraction oddly disjoined from the prevailing paths of technical investigation. "Child, for what purpose have you come?"

Imagine a genetic engineer or an evolutionary theorist asking such a question!

Yet a strange thing is happening. Questions rather like the child's impossible ones are now being forced upon us from the side of science. The biotechnologist, faced not with poisonous snakes but with "defective" children, is led to ask, "Where do these defects come from? Can we unmake them?" And further, regarding the child's destiny: "Why do we age and die? Must we submit passively to human limitation?"

I say "rather like" the child's questions. For the child is always inquiring about meaning and purpose. His question about why we age and die is morally, teleologically, and aesthetically tinged. The scientist, by contrast, is asking about

the mechanisms that "implement" aging and death, and wondering to what effect we might manipulate them.

Such, at least, is the usual distinction, not only between child and scientist, but also between the scientific dialogue and the larger human conversation. But the distinction is muddied when scientists tell us (or conspire in our belief) that they are gaining the knowledge to engineer better children. How can you recognize a better child if you must shun the language of value? More specifically, how can we, as scientists or parents, propose to manipulate an individual child's destiny if we cannot seriously ask about that destiny—about identity and purpose and tasks?

If the scientist is to join in such a conversation, then nothing less than a second scientific revolution will have occurred. Science will have been reopened to the categories of meaning, value, and purpose. The genetic engineer and the evolutionary theorist will learn to ask, "Child, for what purpose have you come—and how can we make things better for you?"

Without such a revolution there will be no true societal conversation. Rather, we will hear two utterly different and dissonant styles of speaking and they will spawn endless confusions between them. Using one style we will converse with the child, and therefore at least partly in the child's terms. With the other we will converse about the child, concerning ourselves with the manipulation of genetic,

hormonal, neural, and other mechanisms as if we were engaged in little more than an engineering project.

Ends and Means

The President's Council on Bioethics, with its discussion of "Better Children," has stepped boldly into the no-man's land between these two ways of speaking.

Perhaps wisely, "Beyond Therapy" has not asked for a revolution in science.

Instead it has tried only to delimit the engineering project and to establish the propriety of discussing the ends and purposes of human life.

The Council begins with the most fundamental question of all: "What, exactly, is a good or a better child?"

Is it a child who is more able and talented? If so, able in what and talented how? Is it a child with better character? If so, having which traits or virtues? More obedient or more independent? More sensitive or more enduring? More daring or more measured? Better behaved or more assertive? Is it a child with the right attitude and disposition toward the world? If so, should he or she tend more toward reverence or skepticism, high-mindedness or toleration, the love of justice or the love of mercy? As these questions make clear, human goods and good humans come in many forms, and the various goods and virtues are often in tension with one

another. Should we therefore aim at balanced and "well-rounded" children, or should we aim also or instead at genuine excellence in some one or a few dimensions?

Against the backdrop of these unanswered (and perhaps unanswerable) questions, the Council considers various genetic and pharmacological technologies that promise to give us "better" children. The first set of technologies aims at shaping, choosing, or improving a child's native endowments. Prenatal diagnosis permits us to weed out fetuses with undesirable genetic traits. Preimplantation genetic screening allows us to select in vitro embryos with desired genetic traits. Genetic engineering would allow us to produce certain genetic traits by deliberate design.

For now, prenatal diagnosis and preimplantation screening present only restricted possibilities for "improved" children. These methods are limited by the genetic resources of the parents, neither of whom may have the desired trait. Further, most traits require the interplay of many genes, so even if the parents had the right genes, it would be nearly impossible—short of producing and screening thousands of embryos—to find one with the right genetic combination. And even if our scientific understanding enabled us reliably to identify trait-specific gene combinations, it remains the case that our powers of control would still be limited. As the Council points out, "since most traits of interest to parents seeking better children are heavily influenced by the environment, even successful genetic

screening and embryo selection might not, in many cases, produce the desired result." ⁵

As for genetic engineering—that is, the direct insertion of desired genes into an embryo—the difficulties are even more imposing. Not only is there the challenge of working with genes that interact in still largely unknown ways, but there is also the problem of inserting these genes into the embryo without damaging it or causing unintended "side-effects." The history of genetic engineering in nonhuman species has been one long crescendo of discovery about such unintended consequences.

The root of the problem is that the side-effects are not really side-effects. They are a meaningful activity of the organism. As my colleague, Craig Holdrege, has shown in *Genetics and the Manipulation of Life*, ¹ the organism deals with a genetic or biochemical intrusion much as it deals with a disturbance of its external environment—by responding as an integral whole. This is true even in the plant. For example, when researchers inserted carotene-producing genes in tomato plants, the plants did produce more carotene. But the substance appeared in plant parts that normally don't have carotene (seed coats and cotyledons)—and the more the carotene, the smaller the plant became. Similarly, when herbicide resistance was genetically engineered into a mustard species (Arabidopsis), the generally self-pollinating plants started cross-pollinating at twenty times the normal rate.

Such "side-effects," whether obvious or subtle, turn out to be more the rule than the exception.

The reason for this is simply that the organism adapts to a disturbance with its entire being and according to its own distinctive manner of existence.

Manipulating the parts forces a question that can be answered only by the governing whole: "Who are you? What sort of a unity are you trying to express?" Even when our aim is nothing more than effective, machine-like control, we cannot prevent the organism from responding in a meaningful and conversational manner. And if this is the case with a plant, it is certainly also the case with a child.

Given the difficulties and limitations involved in the various genetic technologies, the Council believes that "prophecies and predictions of a 'new (positive) eugenics' seem greatly exaggerated." But this does not relieve it of concern about the changes now afoot. Even prenatal screening for disease, already a common practice, may be "shifting parental and societal attitudes toward prospective children: from simple acceptance to judgment and control, from seeing a child as an unconditionally welcome gift to seeing him as a conditionally acceptable product."

Beyond Passive-Aggressive Objectivity

In the second part of the chapter on "better children," the Council explores new pharmacological ways of altering children's behavior. It endorses the therapeutic use of behavior-modifying drugs in difficult cases, while questioning the casual reliance on drugs as a general strategy for obtaining well-balanced children. It notes that "most children whose behavior is restless and unruly could (and eventually do) learn to behave better, through instruction and example, and by maturing over time." Drugs short-circuit this learning process by acting directly on the body. They raise the question as to whether we are looking for the mere outward, behavioral result, or, instead, for the inner shaping of character that can only be learned:

If the development of character depends on effort to choose and act appropriately, often in the face of resisting desires and impulses, then the more direct pharmacological approach bypasses a crucial element. The beneficiaries of drug-induced good conduct may not really be learning self-control; they may be learning to think it is not necessary.⁴

The child, that is, may come to "look upon himself as governed largely by chemical impulses and not by moral decisions grounded in some sense of what is right and appropriate."

So the control of behavior is one thing, and the moral education of the child is quite another. Given where we are now, making this distinction is an important step. But we should not imagine (and I doubt the Council imagines) that we have harmonized the two conversations. The dilemma remains: how do we bring the researcher's language of fact and control into worthwhile dialogue with the parent's language of ethics and purpose? Wouldn't this be like bringing the sober, sophisticated world of the mature scientist into meaningful relationship with the naïve, morally infused world of the child?

The idea of any such convergence may seem outrageous. And yet, when the scientist offers the parent a menu of options for obtaining "better children," it is he himself who puts the questions of meaning, value, and purpose on the table. When the going gets tough, he cannot fairly retreat into the "silence of objectivity." He cannot reasonably say, "I offer you better children, but do not ask me what 'better' means or who the child is." This passive-aggressive refusal to engage the issue is least acceptable when coming from the person who forced the issue in the first place—even if the issue threatens revolution.

Can We Get from "Ought" to "Is"?

In the blithe spirit of the child—whose destiny we are, after all, presuming to address—I wish to say a few words about the revolution. Desperately brief words,

necessarily, but words suggestive, I hope, of an ultimate potential for our two conversations to become one.

Not that we should underestimate the challenge. Scientists have apparent reason for their reluctance to "come out of the closet" with their values. It has long been part of their discipline to refuse as best they can all explicit dealings with questions of value, and the practical benefits of this austere objectivity appear to have been spectacular. In this light, the latter-day quandaries of biotechnology look suspiciously like a trap, baited with all those metaphysical and discipline-sapping enticements from which scientists have till now taken such great pains to flee. How, then, can we possibly ask the scientist, as a scientist, to participate in discussions about the moral education of the child or the moral implications of a genetic alteration? Don't we leave those topics for the ethicist?

More and more we do (as the President's Council on Bioethics can surely testify), which helps to explain the disjointed nature of the two conversations. The disjunction has long been canonized in the philosophical proverb, "You cannot get from facts to values." There is no way to get from statements about what is to statements about what ought to be. "Is" and "ought" seem to come from different, incommensurable worlds. It hardly needs adding that the scientist is passionately committed to the factual and objective—to the is-ness of things.

Look at the world through more child-like eyes, however, and the situation is wondrously transformed. The question becomes, not how do we get from an "is" to an "ought," but rather the reverse. Putting it broadly: how do we manage to narrow our understanding down to a mere statement of fact when we start with such valuative and psyche-laden terms as "good," "evil," "ugly," "beautiful," "meaningful," and "purposeful"?

For we do start that way. Historically, the narrowing down is exactly what happened. By all accounts the ancients experienced themselves as living within an ensouled world—one thoroughly drenched in perceptions of goodness and value. Even the *physis* or "elementary substance" of the early Greek philosophers was, as Francis Cornford remarked, not only a material thing but at the same time a "soulsubstance." Further, "the properties of immutability and impenetrability ascribed [by some Greek philosophers] to atoms are the last degenerate forms of divine attributes."

What is true historically is true also of the individual biography. The child, too, lives in an ensouled world. His incessant questions of meaning and purpose ("Why ...?") testify to an inborn conviction that the underlying reality of the world is psychic and voluntary, bearing an obligation to sustain good and reasonable appearances. Only with maturation does the child slowly gain a world of fact, an is-world, to set beside his birthright-world of congenial value.

Moreover, the birthright is never relinquished. Look at the mature human being—in the life of family and community, of work and recreation, of friendship and enmity, of politics and the academy—and you will be hard put to find a single act, word, or gesture that is not suffused with value and purpose. This is true even of the scientist in his laboratory, who, if he could really drain all his actions of their valuative content—say, by treating his colleagues like objects or, for that matter, treating sophisticated instruments like junk—would be dismissed as a psychopath.

No, we do not find a realm of value-free, psychically disinfected fact within the human sphere—except in one place: the intellectual constructions we have lately undertaken in the name of science and its philosophy. These constructions are aimed, as far as possible, at representing an antiseptic world cleansed of everything human. It has, of course, been doubted whether such a cleansing is possible. In any case—and speaking from the naïve, child-like vantage point—we might naturally paraphrase Cornford by asking whether the antiseptic world of mere fact is the last "degenerate" form of the psyche's intrinsically much fuller affirmations. Certainly this is the way it looks historically. But there is a further question of whether, even as a final achievement, the fact-world attains independence. Or does it remain parasitic upon the less denatured reality from which it arose?

Don't forget that these intellectual constructions of science take place according to certain restrictive rules, and the historical acceptance of the restrictions was a matter of choice. Moreover, the choices amounted to a decision, conscious or otherwise, to exclude from consideration everything meaningful and psycheladen—everything that did not serve the insistent drive toward a pure is-world. And it remains highly significant that these very same choices are linked to the most problematic aspects of science today. Here are two examples of what I mean.

Focusing Down to a Null Point

The child who asks about the red leaves of autumn is asking about red, not the wavelengths and frequencies of a physics text. He lives within a vivid world of sense qualities. This is why the Dutch psychologist, Jan Hendrik van den Berg, conceives the following exchange:

"Why are the leaves red, Dad?" "Because it is so beautiful, child. Don't you see how beautiful it is, all these autumn colors? There is no truer answer.

That is how the leaves are red."

Of course, this is not the final or complete answer. As the child gets older, the answer could be enriched, not diminished, by an understanding of the interworkings and so-called "mechanisms" of a natural world that remains

qualitative through and through. But a fateful choice intervened to alter any such understanding.

Beginning with Galileo there was a conscious disregard of qualities within science—and this for the simple reason that qualities, as every child knows, are inescapably freighted with psyche. We experience qualities "in here"—within consciousness. But what is insufficiently realized is that we also experience qualities "out there," in the only external world we have. We cannot characterize a world—any sort of world—without qualities. Subtract all qualitative content from your thoughts about things, and there will be no things left. Try to imagine a tree without color or visible form, without sound in a breeze, without the smell of sap and leaf, without felt solidity, and the tree will have ceased betraying any sign of its existence. If you are inclined to redeem the situation with talk of molecules or subatomic particles, try to characterize those without appealing to qualities!

It's fine to say, "We get from the qualitative world to the realities of hard science by dealing only with what can be quantified." But the phrase "what can be quantified" is puzzling, since it has no meaning if we cannot say anything significant about the "what" we are quantifying. Given a set of quantities, we have to know what they are quantities of, if we are to know anything at all about the actually existent world. And how do we characterize a "what" without qualities?

You can, then, begin to see what a vanishing, ghostly world we bequeath to the child. But, of course, scientists do in fact rely on their awareness of qualities.

Otherwise, the world would have completely disappeared and they would have nothing to explain. It's just that the discipline of their science does not explicitly recognize the sense world in its own terms—the qualitative terms that pose, not only the child's questions, but also the only questions a truly observation-based science can have. The reason for the omission is clear: if researchers actually reckoned with the qualities they begin with and rely on, they would no longer find themselves theorizing within a pure is-world. This by their own admission, since the whole reason for rejecting qualities in the first place was that they are "contaminated" by the psyche and its values.

A second historical choice, less conscious in its origins, was to proceed by a method of analysis, assigning ultimate explanatory significance to the furthest products of the analysis. The problem here is that one never stops to consider a thing in its own terms. The fiery tree of autumn resolves into root, branch, and leaf, the leaf into cells, the cells into organelles, the organelles into biochemicals ... and so on without end, down to the most remote subatomic entities. "Without end" because there could be no satisfactory end. If understanding must be given in terms of analysis, and if the analysis were ever to stop at some fundamental, unanalyzable thing, then that thing (upon which all else is erected) must, according

to our method, stand as an incomprehensible mystery, no more approachable than divine fiat.

Analysis is an essential direction of movement in all scientific cognition. But if it is not counterbalanced by an opposite movement, then we can never say anything about what is there—what is presenting itself significantly as this particular thing of this particular sort. We can speak only of the elements it consists of. But this hardly helps, for of these elements in their own right we can again say nothing, but must refer instead to what they consist of. We have no place to stop and say, "Behold this." By itself alone, the method is a way of never having to face anything. No wonder, then, that neither the evolutionary theorist nor geneticist ever sees in the organism a creature of which we might stop and ask, "Who are you?"

A one-sided method of analysis, in other words, brings us again to a kind of emptiness. And, again, we must say: science is not really empty. The scientist is always recognizing the insistent presence of things in the world—significant wholes—even if the nature of this recognition receives no formal or systematic acknowledgment alongside the analytic cleaving of wholes into parts. After all, you are not likely to set about analyzing a thing if you have not first glimpsed it, at least intuitively, as a significant entity in itself. But your preferred method of analysis does not encourage you to attend to this whole in its own terms. If it did,

you might find yourself caught up in something more like a conversation than in the mere manipulation of parts.

A Little Child Shall Lead Them

These historical choices—to reject qualities and to proceed by a one-sided method of analysis—confront scientists with a problem that looms so threateningly near and so incomprehensibly large that ignoring it is almost the only option. If, however, we could get up the courage to face the problem squarely, it might suggest to us that we can never shrink the child's rich cognitive inheritance all the way down to an is-world of mere fact. We can approach this end-point only in modern physics, and we achieve the approach only by depriving our theoretical constructions of their content. The reassuring certainties we enjoy in these constructions are the formal certainties of mathematics. But they alone cannot give us a world. Some of the greatest physicists, in their more child-like, soul-searching moments, have admitted as much. Einstein once remarked:

As far as the propositions of mathematics refer to reality, they are not certain; and as far as they are certain, they do not refer to reality."

Another physicist, Sir Arthur Eddington, may have had the same problem in mind when he wrote,

[Our knowledge of physics] is only an empty shell—a form of symbols. It is knowledge of structural form, and not knowledge of content. All through the physical world runs that unknown content, which must surely be the stuff of our consciousness.

Likewise, a pre-eminent physicist of our own era, Richard Feynman, confessed that "we have no knowledge of what energy is"—and this same cognitive darkness overshadows the other key terms of our physics, such as mass, force, motion, time, and space.

All this forcibly brings the truth home to us: we can hardly claim to have an isworld of fact without value, of object without subject, given that both fact and object have become blanks to us, with their content shoved under our methodological rug. Did we not exclude their content from view precisely because it speaks a language akin to our own interior? So, yes, if we ignore the world's content, we do come nearer to an is-world, but it turns out to be an empty world precisely because we have ignored its content. And this content is exactly what the child sees and puts a name to with his wonderfully innocent and simple observations.

You may think it strange to arrive at puzzles of physics in a discussion of biotechnology and its application to children. How have we gotten so far afield?

But in an analytic era with its inevitable fragmentation and intense specialization, recovering a single, unified language for approaching the child means realizing first of all that far afield is not really far afield. The most fateful, scientifically developed "drug" we administer to the child is not some highly specialized biomolecule bathing his neurons, but rather the ambient, scientific world-view saturating his consciousness. And the whole effect of this view, centered as it is in the emptied fact-world of physics, is to rob nature of any congenial content for the child.

One way or another, we conduct a wide-ranging and gravely significant conversation with every child. If our language remains that of fact and control, then the language itself will dehumanize the child fully as much as any of the biochemical and genetic ministrations that are such natural consequences of the language.

In *Beyond Therapy* the President's Council on Bioethics has shown how revealing a second, value-centered language can be. But the decisive question remains whether we can bring the two ways of speaking together in a harmony of meaning. Can we, for example, learn to approach the genome in the spirit of the child's soulpiercing "Why ...?" or the parent's quizzical "Who are you?" Might it be that real breakthroughs in genetics—breakthroughs of understanding rather than of technique—await our ability to look at the organism qualitatively, in its own

meaningful terms? And if we do so will we not find the whole speaking through every part, so that the child's genome can, when approached in the right spirit, be discovered as part of the child's—this child's—revelation of himself? Finally, is not our receptivity to this revelatory aspect of the human organism a prerequisite for entering into a conversation with the child about his "betterment"?

These questions, like those of the child, may seem hopelessly large and impossible, ill-fitted to the science we are comfortable with. But perhaps what makes them discomfiting is our long habit of turning away from them, and our attempt (always unsuccessful) to escape the meaningful and living language adequate for framing them.

If we could transform our dealings with the child into a genuinely two-way conversation, it might prove healing, not only for the child, but for us adults and our science as well. Then the most important thing might not be our perhaps impertinent question, "How can we make you better?" Rather, it might be how the child's innocent simplicity can counterbalance our sophisticated but one-sided adult constructions. If the child does bring a task to the world, part of it may be to help us become a little more child-like in facing a value-soaked world—fearless in addressing this world with impossibly large questions, and fearless as well in listening for impossibly large answers.

References

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¹ Beyond Therapy: Biotechnology and the Pursuit of Happiness, Report of the President's Council on Bioethics (October 2003), Preliminary Print Version, pp. 27-28. The report is available at www.bioethics.gov.

² Ibid., p. 34.

³ Craig Holdrege, *Genetics and the Manipulation of Life: The Forgotten Factor of Context* (Hudson, New York: Lindesfarne Press, 1996).

⁴ Beyond Therapy, pp. 91-92.

⁵ Ibid.

⁶ F.M. Cornford, *From Religion to Philosophy: A Study in the Origins of Western Speculation* (New York: Harper and Brothers, 1957), p. 137.

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⁸ Albert Einstein, *Ideas and Opinions*. Translated by Sonja Bargmann (New York: Bonanza Books, 1954), p. 233. Based on *Mein Weltbild* and other sources.

⁹ Sir Arthur Eddington, *Space, Time, and Gravitation* (Cambridge, England: Cambridge University Press, 1920), p. 200.